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PAGE 10

At the Centre of it all

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Numbers are out, but don't tell whole tale

Mind the data gap. National Household Survey misses nearly half of Saskatchewan

StatsCan Sask. results

- Immigration numbers rose from 7,955 between 2001 and 2005 to 26,920 between 2006 and 2011.
- 11.3 per cent of Saskatchewan's population identify themselves as aboriginal.

The federal government's decision to axe the mandatory long-form census has left hundreds of communities in Saskatchewan without new data on changing populations and demographics.

Statistics Canada released the first results from the 2011 voluntary National Household Survey on Wednesday, publishing data on topics such as religion, visible minorities, aboriginals and immigration.

While the published data highlights significant immigration bumps in the province, Statistics Canada didn't publish information for 43 per cent of the province's communities, most of which are rural and First Nations communities.

"The estimates for such areas have such a high level of error that they should not be released under most circumstances," the agency said.

Marty Baroni, assistant administrator in Biggar — one of the towns not represented in the census data — said a growing Filipino community in his riding would probably not be captured in the immigration data.

Baroni also said that because the town mostly relies on short-form population counts for statistical analysis, he isn't immediately concerned that Biggar isn't on the latest data release.

Both the NDP and Liberals call the decision to cut the long-form census an example of Conservative disdain for hard evidence, and are asking to bring it back for 2016. But Prime Minister Stephen Harper defended his government's decision and congratulated Statistics Canada for its work.

"Obviously, going forward we will look for ways to improve things, but always in a way that respects and balances the need for public data with the privacy rights of Canadians," Harper said in the House of Commons.

JANE CAULFIELD/METRO IN SASKATOON, WITH FILES FROM THE CANADIAN PRESS

FOR THE HEEL OF IT

Walk a mile? Well, they made it down the hall. Saskatchewan MLAs Kevin Phillips, left, Fred Bradshaw and Gord Wyant wear women's shoes on Wednesday at the legislature to support a fundraiser for Angels Lighthouse, a 16-bed transition house to be constructed in the town of Melfort for abused women and children. The event on Thursday in Melfort, titled Walk A Mile In Her Shoes, will have about 140 people taking part — many of them men walking in women's shoes with four-inch heels, to make a statement about awareness among men to women's pain. ROSS ROMANIUK/METRO

Jubilant homecoming

Cleveland kidnapping victims Amanda Berry and Gina DeJesus are greeted with hugs and cheers, while police lay charges against a suspect PAGE 5

Wearing your art on your shoulder

Tattoo convention puts Regina's booming body-art scene on display PAGE 8

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TOGETHER.
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NEW!
QUAKER
HARVEST CRUNCH
CRUNCHY
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Recycling fee a burden for fixed-income users: Tax group

Green initiative. City not planning to adjust fee for seniors, others with limited means

ROSS ROMANIUK
ross.romaniuk@metronews.ca

It will make Regina a greener city. But will city residents get good home-recycling value for the loonies they'll pay for it?

When the municipal curbside-recycling program rolls out in July, it will cost each of some 62,000 homeowners $91.25 a year for cart collections every two weeks.

Canadian Taxpayers Federation vice-president Scott Hennig says the Regina fee is "not an outrageous number" of dollars compared to what owners of single-family homes pay for pickups and processing of residential recyclable materials in other Canadian cities.

However, he sees the cost — to be paid through an addition to monthly city utility bills — as a burden for people on tight incomes. And the bang for that buck, he added, is questionable for any resident who doesn't have much stuff to recycle.

"This will hopefully be done on a cost-effective basis through economies of scale by having everyone on board," Hennig said from Edmonton.

"But I do feel a bit for the senior who is barely getting by as is … who probably has very little garbage, let alone recycling, and is having to pay 91 bucks a year that they may or may not have."

He pointed out, as well, that the Queen City could give such users a break with "some sort of income-testing, or having some sort of relief for those … on fixed incomes who probably aren't going to be using the service very much."

But the city says it's not using a sliding fee scale based on income.

"There have been a few people upset by the fact that they have to pay a fee, but it's really been a small number," said Neil Vandendort, Regina's director of open space and environmental services.

"Most people are just very excited to finally be getting the service," he added.

"We're probably the last city of our size in the country to be providing curbside recycling as a municipal service."

Mayor Michael Fougere, left, and city environmental services director Neil Vandendort announce plans on Monday for Regina's curbside-recycling service. JEFF MACKEY/METRO

Grey Cup fest puts out call for volunteers

Start gearing up for the big party in November. JEFF MACKEY/METRO

The Grey Cup Festival in Regina will need a huge helping hand when it's held in November. On Wednesday, the call went out for about 3,500 volunteers for the big event from Nov. 20 to 24.

"It is certainly a big number. However, we (in Regina) have an amazing community spirit both on a volunteer basis and for the Riders and the CFL," said Neil Donnelly, executive director of the 101st Grey Cup Festival.

Volunteers will be expected to work at least 15 hours during Grey Cup Week — the third Canadian Football League championship festival held in Regina since 1995.

"We need people to work in a variety of capacities," Donnelly said. "Whether they be volunteer drivers, bartenders, first aid, security, ticket-takers, information-booth workers or greeters, there are a great many positions that need to be filled to make this event happen."

All volunteers must be at least 19, and each must complete an online registration form, undergo a criminal-record check and make a payment of $50 to the festival.

That fee, organizers say, is to ensure the commitment of volunteers. Organizers also claim that every volunteer will receive $250 in appreciation gifts and activities for his or her services.

"Each volunteer will receive a three-in-one jacket, T-shirt, scarf, gift bag," Donnelly said, "and there will also be some appreciation parties thrown after the event in celebration of the work they've done."

Volunteers will be contacted in September about their availability, roles and schedules.

Online registration and additional information are posted at 101greycupfestival.ca. JEFF MACKEY/METRO

More time if needed

Tax-filing break for flooded businesses

Flood-affected businesses can have extra time to file provincial sales tax returns and have penalty and interest charges waived, Finance Minister Ken Krawetz says. Requests for filing relief must be in writing to the Finance Department and include location and flooding details. THE CANADIAN PRESS

Education funding

Universities hung out to dry: Opposition

The province is short-changing education and underfunding universities, the opposition says.

New Democrat Warren McCall raised the issue in the legislature after the University of Regina announced that undergraduates will pay 4.4 per cent more for tuition, while master's and PhD students will pay 10 per cent more. McCall said the province has dumped costs onto students.

Advanced Education Minister Don Morgan said the U of R has received a 36 per cent funding increase to operate since 2007.

The U of R had hoped to get between four and five per cent funding in the recent budget, but it got 1.94 per cent. Universities and colleges got an overall 2.1 per cent. THE CANADIAN PRESS

Spring run-off

Communities lining up for disaster relief

Forty-eight Saskatchewan communities have asked the province for disaster assistance because of flooding. The number comes as the Water Security Agency says overall water levels are going down across the province.

The agency had warned that the entire southern half of Saskatchewan would see high spring run-off levels and flooding was likely in many areas.

Deputy emergency management commissioner Colin King says the flood threat has not waned, and some lakes, particularly those in the Qu'Appelle Valley, will rise over the next couple of weeks.

Fourteen communities remain under a state of emergency.

THE CANADIAN PRESS

Local designers hit the runway

Saskatchewan Fashion Week. Weekend and day passes available at the door until quantities last

ALYSSA MCDONALD
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The hair, the makeup and the collections — it's all about the look at Saskatchewan Fashion Week.

Premiering Thursday night, the three-day event will display styles from the collections of 26 designers from six retailers across Western Canada, including 18 designers from Regina and five from other centres across the province.

"The fashion industry in Saskatchewan is emerging … it's been developing slowly over the past few years, and we have really created a big bang (with SFW)," said Chelsea O'Connell, SFW co-creator and executive director.

"We want to build hype and exposure for our entrepreneurs and all the different careers that are in the fashion industry."

The second annual event features a trunk show and swag lounge where people can talk with designers and buy pieces from them before and after the show, as well as a space to get "glammed up" for the event with hair and makeup.

"People should expect to be wowed," said O'Connell. "People don't realize how talented our designers are — so they can expect to see quality and unique design."

Last year, more than 1,000 people came out to experience the fashion and trends, with Friday and Saturday evening events selling out.

This year SFW has 100 extra seats per night and assigned seating that includes a "gold" section for the front two rows.

The runway shows start at 7:30 p.m. every night with the trunk show opening at 6:30 p.m. On Saturday, there will be a daytime trunk show and free fashion programming beginning at 12:30 p.m.

Saskatchewan Fashion Week has taken over Regina's City Square Plaza with two large tents for the three-day runway event. ALYSSA MCDONALD/METRO

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Want a McMetro with that?

Patricia Vogelgesang, Metro Regina's office manager, works at a pickup window at McDonald's on Prince of Wales Drive in Regina on Wednesday as part of McHappy Day, an annual event in which the restaurant chain donates some proceeds to its Ronald McDonald House locations. JEFF MACKEY/METRO

Accessibility

Saskatoon mom with muscular dystrophy pleads for new housing

A Saskatoon mother with muscular dystrophy says the province needs more housing for people with disabilities.

Trina Mackie lives in a second-floor apartment without an elevator and says she has to go down the stairs on her bum and crawl up. The 29-year-old says she has fallen several times and suffered concussions.

Mackie says she was initially placed on a five-year wait list for housing and then bumped up to a priority list, but there's no time frame on when she'll get a new place to live.

The Opposition NDP raised the issue in the legislature, saying the province needs more accessible housing. Premier Brad Wall said Social Services will look into her case.

THE CANADIAN PRESS

Investigation

Murder charge laid after death of 3-year-old in northern town

A charge of second-degree murder has been laid after the death last month of a three-year-old boy in northern Saskatchewan.

RCMP say the child was in cardiac arrest when he arrived at hospital from a residence in Montreal Lake on April 4.

He died about an hour later and an autopsy was ordered to determine the cause of death.

Mounties say the autopsy results prompted an investigation that led to the charge against a 28-year-old man.

Martin Abel Bird, who is from Montreal Lake, was scheduled to appear in a Prince Albert courtroom.

Police have not released the child's name.

THE CANADIAN PRESS

Man charged in decade-long kidnapping, rape of women

Cleveland, Ohio.
No evidence his brothers were involved, police say

A Cleveland man arrested after three women missing for a decade were found alive at his run-down home was charged Wednesday with kidnapping and raping them. Prosecutors brought no charges against his brothers, saying there was no evidence they had any part in the crime.

Ariel Castro, 52, was charged with four counts of kidnapping — covering all three captives and the daughter born to one of them while she was held — and three counts of rape against the three women.

The former school bus driver owns the home where the women were rescued on Monday, after one of them broke through a screen door.

Police said that they were apparently bound with ropes and chains, and a city councilman briefed on the case, Brian Cummins, said they suffered miscarriages.

Deputy Police Chief Ed Tomba said the women could remember being outside only twice during their captivity.

The women were not kept in the same room but knew they were not alone, he said.

Neighbours said that Castro took part in the search for one of the missing women.

Earlier in the day, former captives Amanda Berry and Gina DeJesus were welcomed home by jubilant crowds of loved ones and neighbours with balloons and banners.

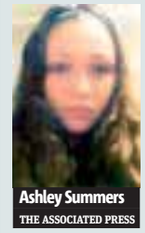
The third captive, Michelle Knight, 32, was reported in good condition at Metro Health Medical Center.

THE ASSOCIATED PRESS

Neighbours and friends of Amanda Berry clap as she arrives at her sister's home on Wednesday in Cleveland. Inset: Ariel Castro, the former bus driver charged with the crime. TONY DEJAK/THE ASSOCIATED PRESS

'Similarities'

A fourth girl?



Ashley Summers
THE ASSOCIATED PRESS

A fourth woman could be connected to the case, the FBI confirms.

Ashley Summers vanished at age 14 from the same area where the others were abducted.

She was last seen in 2007.

FBI spokesperson Vicki Anderson said the disappearance has "similarities" that the FBI is investigating. TORSTAR NEWS SERVICE

Ottawa. Package had the makings of a bomb: Police

A suspicious package found in the lobby of the Ottawa offices of the Department of National Defence Tuesday evening had the hallmarks of an improvised explosive device, police say.

"An X-ray was done of the package," said Insp. Mike Maloney. He said the package had a power source and a timing device but no explosive material. He also said there was "never any danger to the public."

"All the material was there, but that doesn't mean it was a bomb," said Maloney.

Police used a water cannon to separate the components of the device and then used something called a water bottle charge with a small amount of explosive to render the package safe.

Even if the device was not found to be an explosive, Maloney said there's still the potential to lay public mischief charges given the disruption to the public.

At around 7 p.m., an explosion echoed through the area around the headquarters after the Ottawa Police force's Chemical, Biological, Radiological, Nuclear and Explosives team was called in to investigate the suspicious package.

GRAHAM LANKTREE/METRO IN OTTAWA, WITH FILES FROM THE CANADIAN PRESS

Police are looking for witnesses in relation to the suspicious package. METRO

Marathon bombing

Suspect's body still without a grave

The dispute over where to bury suspected Boston Marathon bomber Tamerlan Tsarnaev escalated Wednesday as a Massachusetts police chief urged someone to step forward with a cemetery plot, saying: "We are not barbarians. We bury the dead."

Worcester Police Chief Gary Gemme's plea came a day after he said that a deal struck Monday to bury the 26-year-old's remains at a state prison site dissolved, with state officials no longer offering co-operation.

THE ASSOCIATED PRESS

Utah soccer game

Teen charged in one-punch killing

A Utah teen accused of punching a soccer referee who later died was charged Wednesday with homicide by assault, a count issued when an attack unintentionally causes death.

Salt Lake County District Attorney Sim Gill also said he will seek to try the teen as an adult.

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A day at the office: Eat, swim, patrol Australia's beaches

Tough assignments. Eight Canadians make shortlist for Tourism Australia's Best Jobs in the World competition

Mary Gazze of Toronto has made the shortlist in the Taste Master category of Travel Australia's Best Jobs in the World competition. FACEBOOK

Mary Gazze of Toronto is going to eat her way around Australia, if she gets the job as Taste Master. Greg Snell of Oshawa, Ont. will swim with Australia's dolphins, if he gets the job as Wildlife Caretaker.

Drew Sellen of Pickering, Ont. will patrol Australia's beaches and check the water temperature if he gets the job as Park Ranger. However, he has a competitor in Margi Shah of Mississauga, Ont.

They are among the eight Canadians on the 150-person shortlist for Tourism Australia's Best Jobs in the World Competition. Other Canadians on the shortlist hail from Montreal and British Columbia.

The successful job applicants will start their six-month contract positions on Aug. 1.

TORSTAR NEWS SERVICE

Job descriptions

- Chief Funster in New South Wales. Reviews festivals and events.
- Lifestyle Photographer in Melbourne. Creates city and country photo shoots.
- Outback Adventurer in the Northern Territory. Travels Outback meeting locals.
- Park Ranger in Queensland. Checks water temperatures, patrols beaches.
- Wildlife Caretaker, Southern Australia. Wakes up kangaroos, swims with dolphins.
- Taste Master in Western Australia. Eats way around state.

Floating flip-flops find fulfilment

Carver Jackson Mbatha, 40, poses next to a large toy giraffe he is making from pieces of discarded flip-flops, in front of a painted workshop wall at the Ocean Sole flip-flop recycling company in Nairobi, Kenya. The company is cleaning the East African country's beaches of used, washed-up flip-flops and now, the dirty pieces of rubber that were once cruising the Indian Ocean's currents are being turned into colourful handmade giraffes, elephants and other toy animals. About 45 workers in Nairobi make 100 different products from the discarded flip-flops. BEN CURTIS/THE ASSOCIATED PRESS

$30-million effort

Feds create team to chase tax cheats

The Conservatives are beefing up the tools used to go after tax cheats in the hopes of recovering billions in lost revenue. A team of six to 10 bureaucrats will be assigned to work only on pinpointing tax evaders and their efforts will be backed by $30 million over the next five years for new technology and other tools required for the hunt.

THE CANADIAN PRESS

Market Minute

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Natural gas: $3.97 (+5¢)
Dow Jones: 15,105.12 (+48.92)

Obesity. Coca-Cola to make diet drinks more widely available around the world

Coca-Cola says it will make lower-calorie options and clear calorie labelling more widely available around the world, intensifying a push against critics who say its drinks pack on the pounds.

The Atlanta-based company, which makes Sprite, Fanta and Minute Maid, already offers diet drinks in most markets. But there's no consistency in their availability, particularly in emerging markets such as China and India.

Coca-Cola also said Wednesday that it would support programs that encourage physical activity and no longer market to kids younger than 12. That policy is already in place for the U.S., but the company did not say in which countries it currently markets to children. THE ASSOCIATED PRESS

Online security

Dutch gov't site under attack

The Dutch government said Wednesday its main website is being hacked, and also confirmed that a man suspected of participating in another major cyberattack on Swiss-British anti-spam watchdog group Spamhaus has been extradited from Spain to the Netherlands.

The suspect, Sven Kamphuis, was arrested in Barcelona last month and extradited Monday, Justice Ministry spokesman Paul van der Zanden said. Kamphuis is currently before a judge in Rotterdam as prosecutors seek to have his detention extended by 14 days, Van der Zanden said.

He said Kamphuis, 35, is likely to face charges for directing large amounts of data at Spamhaus in an attempt to derail its servers, and for breaking into other people's computers.

Van der Zanden could not confirm that there was any link between the Kamphuis case and the co-ordinated attack on the government's website.

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Small businesses cash in on reality-show stardom

There's no business like small business. Mix the high stakes of running a small business with a dash of family drama and throw in a camera crew and you get hit reality television shows such as Pawn Stars, Welcome to Sweetie Pie's and Duck Dynasty.

Turning small business owners into stars has become a winning formula for television producers, but some businesses featured in them are cashing in, too. Sales explode after just a few episodes air, transforming these nearly unknown small businesses into household names.

In addition to earning a salary from starring in the shows, some small business owners are benefiting financially from opening gift shops that sell souvenirs or getting involved in other ventures that spawn from their new-found fame.

Sales at Gold & Silver Pawn Shop in Las Vegas are five times higher than they were before Pawn Stars first aired in 2009. More people are pouring into the St. Louis restaurant featured in Welcome to Sweetie Pie's to eat its jumbo-sized fried chicken wings and six-cheese macaroni and cheese. And Duck Commander, seen in Duck Dynasty, is having trouble controlling the crowds in front of its headquarters in the small city of West Monroe, La.

Willie Robertson, star of the Duck Dynasty TV series. A&E/THE ASSOCIATED PRESS

"Sometimes it's hard getting from the truck to the front door," says Willie Robertson, who owns Duck Commander with his father and stars in the A&E series with his extended family.

It's a big change for a company that sells duck calls out of a part-brick, part-cinder block warehouse on a dry, dead-end country road. Duck hunters use the whistles, which mimic duck sounds, to attract their prey.

Since Duck Dynasty began airing in March 2012, Robertson finds at least 70 people waiting in front of the warehouse every morning asking for autographs and photos.

THE ASSOCIATED PRESS

Duck Dynasty

- Duck Dynasty is the most watched documentary-style reality series on TV right now, according to Nielsen. April's one-hour season three finale was watched by 9.6 million people, making it the most watched program in A&E's 29-year history.

A DASH OF OPTIMISM FOR PARENTS

HE SAYS

John Mazerolle
metronews.ca

I don't know any bad parents.

I just realized this recently and it came as a total shock, similar to when I suddenly grasped, in a moment of clarity, that Murdock on The A-Team is Barclay on Star Trek: The Next Generation.

I know of bad parents, sure. I hear stories about friends of friends who approached parenting the same way some people approach marriage, as a chore they felt obliged to do, like dishes.

And the media is full of stories about parents who are too strict or too lax. Parents who ride their kids for good grades, or who could ride their kids to safety if necessary because their children are so fat.

Maybe the fact that the criticisms are all over the map should have tipped me off that bad parents are the outliers, not the trend.

My brother and sister-in-law have six kids (it's a church thing), each more well behaved and well adjusted than the last. The sort of kids that cause elderly people at restaurants to warily ask, "What's the secret?" as if my brother is raising aliens, or The Stepford Children.

I'm good friends with a nine-year-old named Dash, who is perhaps the best kid I know. Besides playing hockey and tennis as well as I do, he also plays instruments including piano and the mandolin better than I do (that is to say, he plays them at all). Recently we were hanging out and I asked him if he'd seen any good movies lately.

"Life of Pi was excellent," he said.

I blinked.

"Did you read the book?"

"Not yet," he said.

Then he lit up a cigar and we discussed stock options.

I made that last sentence up, but you get my point. And I can think of at least a half dozen kids that, if not quite so erudite as Dash, seem as bright and balanced as any adults I know — probably more so.

My little slice of life is hardly a scientific sample, but I suspect all the hand-wringing over the state of parenting is similar to worry about "today's youth." People are convinced each is getting worse every generation, when things are largely the same as previous generations and in some ways better.

We like the idea that there was a Golden Age of parenting and that things would be better if we could just get back to it somehow. They never show the scene on Father Knows Best where he lashes his son with a belt for getting home late, or tells his daughters that homosexuality is an abomination before God. Or if they do, it's only on the DVD extras.

I hope to raise a child some day, though before I get to the Miracle of Life I have to get to the Miracle of Having a Steady Girlfriend. When I finally get to deal with all the anxiety and exhaustion that comes with being a dad, it'll be nice to know I'll have some role models to live up to and lean on.

And if all the great parents I'm friends with can't help, maybe Dash can. He knows best.

ZOOM

My way is the high way

HAP/QUIRKY CHINA NEWS/REX FEATURES

And you thought your commute was bad

Few journeys to school are enjoyable, but for the kids of Zhangjiawan village in south China, they are terrifying. Students must scale a 60-metre cliff using unsecured wooden ladders, or, endure the alternative, which is a five-hour hike.

The local government has now promised to build concrete steps, which should make the trip a little easier.

The village is located on a remote mountain called The Gate of Heaven in China's Hunan province. The nearest town is 35 kilometres away, and to get there, residents have to endure 90 degree cliffs, seen here. METRO

Worse than two feet of snow

"For generations, the villagers used this path to go into town to go to school. But now, some of the richer families rent an apartment in town so their child can go to school."

Resident Yang Junxiang

Heigh-ho, heigh-ho

90

The population of Zhangjiawan has quickly declined below 100 from a previous level of 400. The village had originally been created hundreds of years ago as an escape from bandits, but the appeal of isolation seems to have diminished. The village is so self-sufficient that very few outsiders need to enter. The residents are able to generate income from the natural resources that surround the mountain by growing leaves used for sticky dumplings, bee keeping and hunting.

Other scary commutes

- **Yungas Road (Bolivia).** Around 300 travellers are killed each year on this road leading from La Paz to the Amazon.
- **Lowari Pass (Pakistan).** A busy trucking route 3,000 metres up that is vulnerable to avalanches and storms.
- **Batllava Lake (Kosovo).** Kids cross an ice lake to get to school.
- **Hussaini Bridge (Pakistan).** The Hussaini village is located on both sides of the Hunza River, and to get to the other side, villagers use a bridge made from wooden planks held together by twine. Floodwaters submerged it in 2010, but it has since been rebuilt.

Click bait

HANNAH ZITNER
hannah.zitner@metronews.ca

With news this week that Adobe will switch to a new, subscription-based payment plan, Photoshop users may be rethinking their Adobe allegiance. If the move has you thinking about editing your photo software service, you might want to shop around and test out some of these free photo editing sites.

Gimp

User-friendly and surprisingly full featured, Gimp is the go-to Photoshop alternative. Besides being reliable for your photo fixes, it has the added bonus of running on Linux, too.

IrfanView

Simple and user friendly, Irfan is great for light edits, photo viewing and adding simple effects.

PicMonkey

If 'cute' is a prerequisite for your editing software, PicMonkey's your site. Extremely easy to use, it lets you do basic fixes and one-click touch ups (and gives you the option to upgrade for more ways to 'cuten' up your selfies).

Paint.Net

Despite the name, which sounds like a program that belongs on a Commodore 64, Paint offers advanced features without being overly complicated.

Comments

RE: Stag And Doe? Don't Ask Me To Pay For Your Wedding, published May 7

I'm kind of guessing that you've never attended a proper Manitoba social. They're so ingrained into the culture of our province that usually one of the first questions asked of a newly engaged couple is, "When's your social?"

A big chunk of the costs for the social are usually put up by the couple themselves — the hall, the food, the booze — and they're the front runners on organizing social prizes and donations. What gets charged for beverages is nowhere near what you'd have to be paying at a bar. The only way you'd get cheaper booze is buying it yourself and drinking it in your backyard. Socials are also a great way to celebrate with people that you may not be inviting to your wedding. Some co-workers, acquaintances, family friends — people that you're friendly with but you don't know well enough to invite to the ceremony and reception.

Socials are crazy fun. You heckle the couple when they're pulling tickets for the prizes. You buy them drinks. Everyone (who's left) bounces around like a fool at the end of the night to Spirit of the West's Home for a Rest.

Amanda posted to metronews.ca

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

metro

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SCENE

Kevin Leippi of Traditional Tattoo in Regina has been working off and on for seven years on Conrad Abram's arm tattoo. JEFF MACKEY/METRO

If you like it, then you should put some ink on it

Tattoo convention. Come see what Regina's booming body art biz can offer

BACKSTAGE PASS
jeff.mackey@metronews.ca

The Pile O' Bones Tattoo Convention in Regina is a sign of a growing tattoo scene in the city. The two-day event is in its ninth year and will feature some of Canada's top tattoo talent.

"Tattoo artists come in from all over Canada, mainly Saskatchewan, Alberta and B.C. They come in to set up booths," said Javis Watson, a promoter for the convention. "All the artists specialize in different things and it is basically up to the person who is getting tattooed to figure out who best suits their needs."

Fifty-five artists will be showing their portfolios, making appointments and actually tattooing people during the convention. The event has grown steadily over the last nine years and they expect 4,000 to 6,000 people to pass through the doors in 2013.

"It is getting bigger and better every year and now that it is at the Conexus Arts Centre a lot more people can come out," said Kevin Leippi, owner and operator at Traditional Tattoo in Regina. "It is a nice big open place with lots of tattoo artists so it is less intimidating. You can show up, meet lots of people and pick out something that you might want."

Leippi has been a tattoo artist in Regina for eight years and says that there has been significant growth in the Regina tattoo scene recently.

"In other cities like Saskatoon, Edmonton, and Calgary, places like that, their tattoo scenes blew up like 10, 12, 15 years ago," said Leippi. "I think Regina has always been a few steps behind everywhere else."

"But in the last five years it has blown up, a lot of youths, like 20-year-olds, want to get tattooed," said Leippi. "They are getting heavy coverage too, tattoos on their face and necks, so life is good. It keeps me busy so I can't complain." Leippi specializes in what he calls traditional illustration with a Japanese flair, but says that there will be plenty of styles to choose from at the convention.

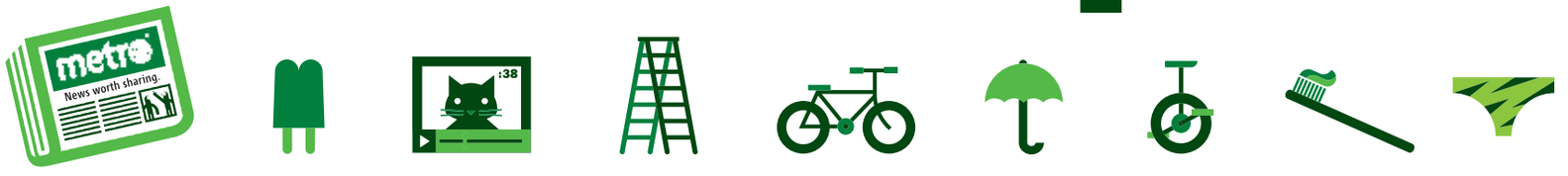
"Just walk around and check out everyone's portfolio. There will be a ton of really good artists there," said Leippi. "When you meet the right person, you can always tell because you will click."

The convention is also a great place to see what is popular in the tattoo world and maybe get a few ideas for later. These days what Leippi calls neo-old school is all the craze.

"Old school images drawn in the new style, everyone wants them," said Leippi. "They are nice classic images that never go out of style … less people are getting their tattoos for a specific reason and more people are doing it to collect a piece of art."

The Pile O' Bones Tattoo Convention takes place May 11 and 12. Tickets for the event are $12 per day or $20 for a weekend pass. The all ages event also features piercing booths, shopping and a pinup contest.

Sharability



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Great Gatsby not so great, critics say. ALL PHOTOS GETTY IMAGES

'Overwrought, asinine, exaggerated and boring': Ouch!

The reviews are trickling in for one of the most buzzed about movies of the year and they are far from "Great." Alas, it doesn't seem like reviewers are keen on Baz Luhrmann's The Great Gatsby, which opens this Friday.

One said it's as "boring as sitting through 8th period English" and another went as far as calling it "overwrought, asinine, exaggerated and boring ... about as romantic as a pet rock."

Even The New Yorker didn't let it down easy, saying that Luhrmann is "less a filmmaker than a music video director with endless resources and a stunning absence of taste."

Who cares? It's in 3D, has a soundtrack produced by Jay-Z and it looks like glitter threw up all over it! Give it to me now!

The MDNA tour made $305 million for Madge.

She's still got it

Madonna will be honoured as 2012's top touring artist at the Billboard Music Awards. The 54-year-old's MDNA tour roped in $305 million at her 88 sold-out shows, with 2.2 million people attending.

Prince, Taylor Swift and Lil Wayne are set to perform at the May 19th ceremony with Nicki Minaj, Bruno Mars, Miguel, Justin Bieber, Pitbull, Christina Aguilera, Selena Gomez, Macklemore & Ryan Lewis, Chris Brown, Ed Sheeran, Akon, Ne-Yo, and David Guetta in attendance.

So, yeah, $305 million. We can cut out all of the "old" jokes we throw her way.

The Word

Britney back with bitching bod (again)

THE WORD
Dorothy Robinson
scene@metronews.ca

It looks like Britney Spears is heading to Las Vegas for a residency this fall, a la Celine Dion. And she talked to Shape about how she's gearing up for it.

"I'm doing 90 minutes of yoga twice a week in addition to a lot of cardio — hour-long sessions three times a week with my trainer, Tony Martinez," she tells Shape.

"The [Vegas] performances won't be simple — they'll be a massive party from start to finish. And to pull this off, I have to be in top condition and running at full speed." (Translation: No more Cheetos.)

She also is apparently paid by Nutrisystem to shill their diet system in interviews. She tells Shape that she's on the program (that's the shake for breakfast and lunch and a "sensible" dinner for those of you keeping track at home).

I think what is remarkable about this cover isn't her toned body — or the amazing Photoshop job from the art director — but that she still rocks a belly button ring. And a very glittery one at that. What is this, 1996?

Y & R star Jeanne Cooper fought 'til the end: Son

The late Jeanne Cooper.

Jeanne Cooper, the enduring soap opera star who played grande dame Katherine Chancellor for nearly four decades on The Young and the Restless, has died. She was 84.

Cooper died Wednesday morning in her sleep.

Her son, actor Corbin Bernsen, tweeted April 12 that his mother faced an "uphill battle" for an undisclosed illness. In subsequent days he wrote of her gradual improvement and said that she'd been taken off breathing equipment.

In a Facebook posting April 17, Bernsen said his mother cursed several times, "showing me that she's becoming her old self, not thrilled about the situation, and ready to get out of the hospital and shake up the world."

On Wednesday he wrote that she remained a fighter until the end: "She has been a blaze her entire life, that beacon, that boxer I spoke of earlier. She went the full 12 rounds and by unanimous decision... won!"

THE ASSOCIATED PRESS

Rihanna gets cheers and jeers on tour.

Rihanna booed in Boston, cheered on in Brooklyn

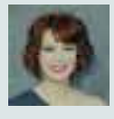
Rihanna was booed for turning up late at a concert in Boston, but the audience in New York cheered her on even though she didn't start on time the following night.

Boston.com reported that fans at the TD Garden on Monday booed the singer for starting her concert at 10:30 p.m. instead of her scheduled 9 p.m., and without opening act A$AP Rocky. Doors had opened at 7:30 p.m.

A representative for Rihanna didn't respond to an email about the singer's lateness.

THE ASSOCIATED PRESS

Twitter



@diablocody
My son told me I have a small penis. Cruel on a couple of levels.

@souljaboy
Listen to what your friends tell you because they can, and will always tell you the things you don't want to tell yourself.

@questlove
dear @McDonalds if yall don't sponsor Charles Ramsey like *right now*....

LIFE 3

The most stylish movies of all time

Not since Carrie Bradshaw hauled her collection of Manolos onto the big screen has a film's wardrobe received as much hype as Daisy Buchanan's Prada-designed dresses and Jay Gatsby's Brooks Brothers suits have. So as The Great Gatsby finally hits theatres, we're revisiting our favourite fashion movies of all time — because the runways might give birth to the trends, but it's the movies that determine which ones will become iconic.

SARA CARLSSON
Metro World News

Grey Gardens

Grey Gardens is not so much a documentary about two recluses related to Jackie O as a 100-minute trend machine. Little Edie's head scarves, Big Edie's sorbet coloured house coats, the long furs, the wacky layering, the wild print-mixing: it's all in style right now. And these women — not Anna Wintour — created the look.

La Dolce Vita

The godmother of fashion cinema, Federico Fellini claimed that his inspiration for the film came from a Balenciaga dress.

Sex and the City

Inarguably the biggest of fashion films, it was as influential as the TV show, reinforcing our love of Manolo Blahnik and turning Vivienne Westwood into the new Vera Wang.

Rear Window

It's hard to overstate Alfred Hitchcock's influence on fashion. Alexander McQueen once famously built a collection around his movies. And you see hints of Grace Kelly's Edith Head-designed costumes in the earlier seasons of Mad Men. In Rear Window, Grace Kelly only wears five outfits, each one memorable and relentlessly copied.

Funny Face

"Take the picture!" Hubert de Givenchy and Audrey Hepburn sealed their relationship as one of the movie world's greatest duos with a single scene: Audrey running down a staircase in the Louvre, her red sash floating above her, mimicking Winged Victory. Givenchy created costumes for four of Hepburn's movies, all of which we were tempted to put on this list.

Mahogany

"I'm a winner baby!" This movie was an opportunity for Diana Ross to be her fabulous self, in one fabulous outfit after another. Our favourite is the suitably glitzy Cleopatra look above.

Bonnie and Clyde

Faye Dunaway's mid-length skirt suits, knit tops, berets and silk scarves are iconic, making this the second most referenced movie in fashion history.

Breakfast at Tiffany's

Coco Chanel is credited with creating the Little Black Dress, but Audrey Hepburn popularized it. The satin Givenchy sheath she wore as Holly Golightly was undisputedly the most famous LBD of all time.

The Royal Tenenbaums

Wes Anderson has a clear and unique style that reveals itself in everything, from his choice in typeface to his set design. The wardrobe is just an extension of this and yet it takes on a life of its own. Think Steve Zissou's red beanie or, more memorably, Margo Tenenbaum's Grey Gardens-y fur.

Art deco style all the rage

Earlier this year I predicted that the style of art deco would make a resurgence in home decorating. The look of art deco was invented in the early part of the 20th century, and incorporated modern lines, masculinity and luxurious finishes like polished dark wood, brushed gold metal tones and hits of black for opulence. As both traditional and modern, the look of deco helps to bridge something old with its clean, modern lines. This month The Great Gatsby movie is being released; a show stopper filmed in the art deco period with incredible fashions and home decor. I though it would be suitable to feature a few home decor items that will help get the deco look in your own home.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Memoirs Lavatory Faucet

Graphic and masculine taps add strong design lines to a lavatory. Want a truly authentic deco bathroom? Try adding a black toilet and sink to the room. $630, kohler.ca

Shand Kydd Peacock Modern Spiral Wallpaper

Simple gold fans on turquoise adds a deco feel to the walls. Perfect for adding drama to a small foyer entrance or on the back wall behind a bed. $76/double roll, sears.ca

Starburst Mirror

Gold and shine reflect the opulent lifestyles of the decor period. Hang one in the dining room and forgo the fancy chandelier. $250, crateandbarrel.com

Stockholm Flatwoven wool carpet

Bring this season's biggest colour combo of grey and black to the floor; layer an animal hide rug on top for a completely glamourous look. Stockholm Flatwoven wool carpet, $350, ikea.ca

Biblioteca Bookcase

The dark walnut stained shelving makes this bookcase a great display piece or bookshelf. It fits into any space and is a personal design favourite as a see-through room divider. $700, urbanbarn.com

Ells Swivel Chair

The quintessential curved arm club chair is all deco in black leather; and this one swivels, making it perfect for reading or watching your favourite movie. $2,000, elte.com

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Purchase process. You can never do too much when hunting for your perfect vehicle

JIL MCINTOSH
Wheels/Drive

When comparing vehicles, check to make sure they really are similar. On some entry-level vehicles, the base price might not include air conditioning. ISTOCKPHOTO/THINKSTOCK

Despite how much they cost, vehicles are often impulse purchases. Many people visit showrooms just to kick tires, but fall for something they see. That can sometimes work out, but it's a better plan to research and find exactly the right car for your needs.

Ask friends and family for recommendations, including what they don't like about their vehicles. Don't think something is too minor to consider — that badly placed cupholder could be an issue on every commute.

The Internet is a great resource for car shopping. Manufacturers' websites (make sure you are on the Canadian versions) will contain specifications about each vehicle, along with photos, lists of standard features and options, and pricing.

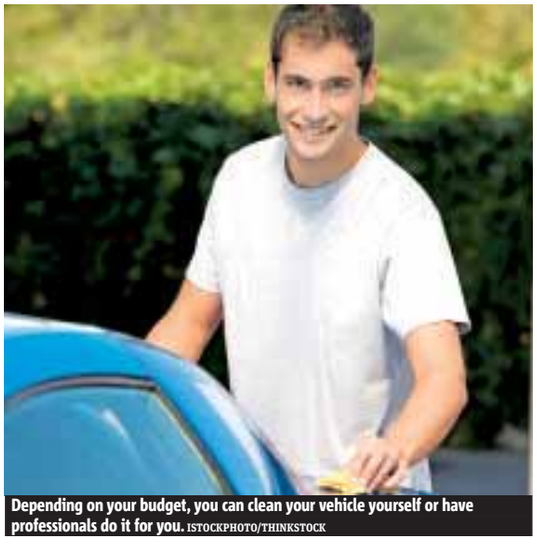
When comparing vehicles, check to make sure they really are similar. On some entry-level vehicles, the base price might not include air conditioning. If it can be added, it might make the car more expensive than a competitor with standard air conditioning.

Reviews can help narrow your list of cars to test drive. Some are launches, where writers drive new vehicles for a few hours for initial impressions. Temper these with regular reviews, where the writer drives it daily for a week or more for a more rounded assessment.

Now that you have a few models in mind, it's time to test drive. Surprisingly, many people take a car out for just a quick trip around the block. You are going to be living with this vehicle for many years, so spend at least an hour or more, including time on the highway.

The car should drive smoothly on city streets and have enough passing power on the highway. Try parking it a few times to see how easily it manoeuvres. Make sure you are comfortable and that you can reach everything. Something that bugs you on the test drive won't get better with time.

Research other factors, too. Check with your insurance company to see what you are going to pay for coverage. If you are tempted by flashy 19- or 20-inch wheels, find out what replacement tires cost. And if it comes down to choosing between models from different companies, how convenient is the dealership to home or work when you need servicing?



Depending on your budget, you can clean your vehicle yourself or have professionals do it for you. ISTOCKPHOTO/THINKSTOCK

Car care. Protect your investment

HENRY STANCU
Wheels/Drive

That new car look lasts about as long as the next mud puddle or major coffee spill, and then it's all downhill as the wear and tear of daily use takes its toll on your new set of wheels.

However, there is a wide array of products and services geared to keeping your cherished buggy sparkling long after it has left the dealership.

Depending on your budget, you can do it yourself or have professionals do it for you.

The question you need to ask yourself is: Do you want to protect your investment and ensure its good resale value down the road?

"Nothing lasts forever," says Lawrence Bailey, owner of New Image Car Spa, an auto detailing shop that has been in business in the Yonge and Eglinton area for 19 years. "But if you have a good car and you keep it in nice shape, it will look better longer and, when the time comes to sell, it will be worth more."

Inside and out detailing packages range from $125 to $375 at New Image, which recommends getting the work done every six months.

For most people, the cost of professional detailing and paint protection is too high.

This is where the do-it-yourselfers thrive, buying hundreds of car cleaning products for everything from the dashboard to wheel rims.

Experts say your new car should be washed once a week if it's parked outside and once a month if kept in a garage. A lot also depends on how often it's driven and exposed to the elements, ranging from nature to road salt.

It's always wise to wash and wax you car in the shade because if it's too hot, the detergent will quickly dry in spots causing stains and the wax will bake on the surface. Use soap specifically designed for auto surfaces, rather than household cleaners, which may damage the finish.

Whether you use a garden hose or rinse with water from a bucket, it is always wise to do so gently, applying as little pressure as possible. And always start from the top of the vehicle, so the dirty water flows downward.

Before starting on the exterior it's a good idea to clean the interior first, because you don't want the inner dirt to mar the shiny clean exterior.

Vacuum the rugs, seats and all the nooks and crannies, and shake or wash the floor mats outside the car.

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2013 OPTIMA

Optima SX Turbo shown[△]

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2013 SPORTAGE

Sportage SX shown[△]

HWY (A/T): 6.5L/100KM
CITY (A/T): 9.7L/100KM

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$2,800 down payment. Offer includes delivery, destination, fees and **$500 LEASE SAVINGS and $500 CLEAROUT BONUS[¥]**. Offer based on 2013 Sportage LX MT FWD with a purchase price of $23,745.

2013 SOUL

Soul 4u Luxury shown[△]

HWY (M/T): 6.7L/100KM
CITY (M/T): 8.5L/100KM

INCL. AIR, KEYLESS ENTRY & SATELLITE RADIO

WAS ~~$121~~ BI-WEEKLY OWN IT FROM 1.49% APR WITH $0 DOWN

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bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT.** Offer includes delivery, destination, fees and **$500 CLEAROUT BONUS[¥]**. Offer based on 2013 Soul 2.0L 2u MT with a purchase price of $20,945.

2013 OPTIMA HYBRID

Optima Hybrid Premium shown[△]

WAS ~~$31,550~~ DISCOUNT $2,000 IN CASH SAVINGS[‡]

+$1,000 ECO-CREDIT°

CLEAROUT BONUS $1,000[¥]

NOW $27,550[◂]

Offer includes delivery, destination, fees, **$2,000 CASH SAVINGS[‡]**, **$1,000 ECO-CREDIT° and $1,000 CLEAROUT BONUS[¥]**. Offer based on 2013 Optima Hybrid Base with a purchase price of $31,550.

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Representative financing example based on 2013 Sportage LX MT FWD (SP551D) with a selling price of $23,767, financed at 0% APR for 36 months. 78 bi-weekly payments equal $295 per payment with a down payment/equivalent trade of $0. ¤"Up to $4,000 cash savings" offer is available on the cash purchase of select new 2013 models from a participating dealer between May 1–31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. ◂Cash purchase price for 2013 Optima LX AT (OP742D)/2013 Optima Hybrid Base (OP74AD) is $22,050/$27,550 and includes a cash savings of $3,400/$2,000 and a Clearout Bonus of $500/$1,000 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers). Optima Hybrid also includes $1,000 Eco-Credit. Retailer may sell for less. ‡$3,400/$2,000 cash savings on the cash purchase of an eligible new 2013 Optima LX AT (OP742D)/2013 Optima Hybrid (OP74AD) from a participating dealer between May 1–31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. ¥Clearout Bonus of $500 is available on all cash, finance and lease offers of new 2013 Optima LX AT (OP742D)/2013 Sportage LX MT FWD (SP551D)/2013 Soul 2.0L 2u MT (S0553D) and $1,000 is available on 2013 Optima Hybrid Base (OP74AD) from a participating dealer between May 1–31, 2013, and is deducted from the selling price before taxes. Customers will receive a cheque in the amount of $500/$1,000 (excluding taxes) or can apply it to the selling/lease price before taxes. See your dealer for complete details. §Lease offer available on approved credit on new 2013 Sportage LX MT FWD (SP551D) is based on monthly payments of $204 (includes a lease savings (lease credit) of $500 and $500 Clearout Bonus) for 48 months at 0.9% APR with a $2,800 down payment/equivalent trade, security deposit and first monthly payment due at lease inception. Excludes $350 lease administration fee due at time of delivery. Total lease obligation is $12,608 with the option to purchase at the end of the term for $11,137. Lease has 16,000 km/year allowance and $0.12/km for excess kilometres (other packages available). Licence, insurance and applicable taxes are extra. Retailer may lease for less. See dealer for full details. ≠Bi-weekly finance payment 0.A.C. for new 2013 Soul 2.0L 2u MT (S0553D) based on a selling price of $20,945 is $118 with an APR of 1.49% for 60 months, amortized over an 84-month period. Includes $500 Clearout Bonus. Estimated remaining principal balance of $6,061 plus applicable taxes due at end of 60-month period. Retailer may sell for less. See dealer for full details. °Eco-Credit for 2013 Optima Hybrid is $1,000 (deducted before taxes) and is applicable to the purchase or lease of a new 2013 Kia Optima Hybrid. Available at participating dealers. Certain restrictions apply. See dealer for details. △Model shown Manufacturer Suggested Retail Price for 2013 Optima SX Turbo AT (OP748D)/2013 Sportage 2.0T SX Navigation (SP759D)/2013 Soul 2.0L 4u Luxury AT (S0759D)/2013 Optima Hybrid Premium (OP74BD) is $35,550/$39,145/$27,345/$37,550 and includes delivery and destination fees of $1,455/$1,650/$1,650/$1,455 and A/C charge ($100, where applicable). Licence, insurance, applicable taxes, other fees and certain levies (including tire levies), variable dealer administration fees (up to $699) and registration fees are extra. Retailer may sell for less. Available at participating dealers. See dealer for full details. ^ Highway/city fuel consumption is based on the 2013 Optima 2.4L GDI 4-cyl (A/T)/2013 Sportage 2.4L MPI 4-cyl (A/T)/2013 Soul 2.0L MPI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

Transform mom's relaxation time

JANINE FALCON
For Metro

Scented candles, soothing bath salts and silky body oils and butters to transform mom's precious relaxation time.

Cire Trudon Candle: Clean-burning, cotton-wick, vegetal wax masterpieces from a company that dates back to 17th-century Paris. $99 at teatroverde.com.

Philosophy Living Grace Satin Finish Body Oil: A silky, fine-mist spray that leaves skin sublimely soft and subtly scented with neroli, lily of the valley and musk. $33 at sephora.ca.

Bath & Body Works Beautiful Day: Sunny, uplifting fruity-floral shower gel, body cream, body mist and eau de toilette. From $11 at Bath & Body Works.

Bliss Blood Orange + White Pepper: Light, tangy scrub, body wash and luscious body butter to pamper skin thoroughly. From $21 at the Bay and sephora.ca.

Barr-Co Fine Handmade Bath Salts: Skin-softening mineral salts, milk powder and soothing colloidal oatmeal with apothecary-style charm. $36 at Anthropologie.

Aquiesse Candle: Natural wax and a clean-burning wick housed in a beautiful ribbed tin with a secret matchbook compartment lid that doubles as a pedestal. $39.95 at teatroverde.com.

L'Occitane En Provence Pivoine Shimmering Body Oil: A delicately perfumed shimmering oil with peony extract and grapeseed to nourish face and body. $36 at L'Occitane boutiques and loccitane.ca.

Weleda Indulgent Body Lotions Kit: All-natural biodynamic formulas and pick-me-up scents in travel-size citrus, sea buckthorn, wild rose and pomegranate. $16 at weleda.ca, well.ca and Whole Foods.

Josie Maran Argan Infinity Creamy Oil: Deliciously scented with a hint of citrus, a multi-purpose melting-texture balm for face, hands and fly-aways, too. $34 at Sephora and sephora.ca.

Crabtree & Evelyn La Source Gel Booties: Sole-satisfying, softening multiple-use sockettes to encourage Mom to put up her feet. $28 at Crabtree & Evelyn.

Mother's Day is this Sunday. Celebrate your appreciation for your mother with some of the gifts below. ISTOCKPHOTO/THINKSTOCK

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Pretty perfumes to delight the senses

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For Metro

From ultra-feminine to lushly sophisticated to clean and modern, think of these fragrances as love notes for mom.

Jo Malone Osmanthus Blossom: A fresh, delicate white floral with notes of petigrain, peach-scented osmanthus blossom, and cashmere wood. Limited edition, $70 at Holt Renfrew.

Balenciaga L'Eau Rose: A sparkling, sophisticated blend of violet, rose, spice, patchouli and wood. From $98, at department stores.

Marc Jacobs Daisy Eau So Fresh Sunshine Edition: A bright, youthful, floral fruity juice with broad scent-appeal. $85 at select drugstores, Sephora and Murale.

The Body Shop White Musk Libertine: From the Leona Lewis cruelty-free collection, a soft, sweet lush scent and long a favourite of the singers. Limited edition, from $17.50 at The Body Shop and thebodyshop.ca.

Tokyo Milk Mix 'n' Match Eau de Parfum: A travel-friendly trio of pretty fragrances to wear alone or customize to create a layered, signature scent. $21 at beautymark.ca.

Valentina Assoluto: A sensual, seductive and sophisticated scent of Italian bergamot and white truffle, tuberose and soft vanilla, and cedar, oak moss and patchouli. From $105 at the Bay, Holt Renfrew, Murale and Sephora.

Prada L'Eau D'Iris Ephemeral Editon: A nod to Tuscany Iris gardens in spring, fresh with green Moroccan mint, neroli and pink laurel, white musk and iris. $90, exclusively at Holt Renfrew.

Kiehl's Aromatic Blends: A modern range of fresh fragrances, including vanilla and cedarwood, orange flower and lychee, fig leaf and sage, and nashi blossom and pink grapefruit. $62 at Kiehl's boutiques and kiehls.ca.

Elizabeth Arden Green Tea Honeysuckle: An exuberant celebration of spring, with sparkling citrus, sweet wild honeysuckle, refreshing green tea, and white birch. From $27 at the Bay and select drugstores.

Bottega Veneta Eau Legere: A unique floral, leathery fragrance that has a combination of musk and oak moss. $98 at Holt Renfrew and select Bay stores.

Just Cavalli: A floral composition with a note of Neroli, produced from blossom of the bitter orange tree and the Tahitian Tiare flower, grounded by a palissander wood accord. From $66 at the Bay, Sears, Shoppers Drug Mart and Sephora.

Vera Wang Be Jeweled: A fruity floral with notes of pomegranate, red currant and champagne. From $49 at Shoppers Drug Mart.

CK One Summer: Zesty citrus, watermelon and crushed leaves with woody notes of musk and moss. $58 at select retailers.

Body Shop Scents of the World: Five scents including Madagascan Vanilla Flower, Amazonian Wild Lily, Japanese Cherry Blossom, Indian Night Jasmine, and Atlas Mountain Rose. From $25 at the Body Shop.

From left, Elizabeth Arden Green Tea Honeysuckle, from $27 at the Bay and select drugstores, Valentina Assoluto, from $105 at the Bay, Holt Renfrew, Murale and Sephora, Prada L'Eau D'Iris Ephemeral Editon, $90, exclusively at Holt Renfrew, Balenciaga L'Eau Rose, from $98, at department stores.

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Tasty things come in mini packages

ROSE REISMAN
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These burgers are extremely moist and flavourful due to the hoisin sauce.

Instead of beef, use ground chicken, veal or pork, or try a combination. Serve these on miniature hamburger buns and add some sautéed onions.

If you prefer, make four or five regular burgers instead of the minis.

Ingredients

- 1 lb extra-lean ground beef
- 1/4 cup dry bread crumbs
- 1/4 cup chopped green onion
- 3 tbsp chopped cilantro or parsley
- 4 tbsp hoisin sauce
- 2 tsp minced fresh garlic
- 1 tsp minced fresh ginger
- 1 egg
- 2 tbsp water
- 1 tsp sesame oil

Miniature Hoisin Garlic Burgers

This recipe serves five. Two mini burgers are 264 calories and contain 7 grams of fat. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

1. Heat the barbecue to high and spray with cooking oil, or preheat the oven to 450 F.

2. Combine the beef, bread crumbs, green onion, cilantro or parsley, 2 tablespoons of the hoisin sauce, garlic, ginger and egg in a bowl. Mix thoroughly and form into 10 mini burgers.

3. Whisk the water, remaining 2 tablespoons hoisin sauce and sesame oil together in a small bowl.

4. Brush half of the sauce over the burgers.

5. Barbecue, or place on a rack on a baking sheet and bake for 10 to 15 minutes (until no longer pink in the center). Turn the patties once, halfway through, and brush with the remaining sauce. Serve on mini hamburger buns, if desired, and garnish with sautéed onions. ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY: ROSE REISMAN

For your phone

Kitchen Disasters & Fixes (iPhone/iPad/ Android; $2.99)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Thinking of cooking for mom? This collection of fixes, rescues and cover-ups will keep your intentions edible. Learn to save burned rice, reclaim overcooked vegetables and more.

Making salty soup edible

Can salty soup be saved? The answer is yes. How easily? That depends. Start with the easiest, quickest fix and advance to more time-consuming methods if needed.

Secret's in the grill to fabulous flank steak with pearl onions

1. In skillet combine water, vinegar, honey, tomato paste, and bay leaf. Add onions and bring to a simmer over medium-low heat. Cover and simmer 10 minutes, stirring occasionally. Uncover skillet and increase heat to high. Boil until liquid starts to thicken and is reduced to 4 to 5 tablespoons, about 5 minutes. Remove from heat and stir in 11/2 teaspoons of the thyme, 1 teaspoon of the salt, and 1/2 teaspoon of the pepper. Sauce will continue to thicken as it cools. If necessary, add water, 1 tablespoon at a time, to thin the mixture.

2. Combine remaining 2 teaspoons thyme, 1 teaspoon salt, and 1/2 teaspoon pepper. Brush steak on both sides with oil and season evenly with spice mix, pressing spices into meat. Allow to stand at room temperature 30 minutes before grilling.

3. Prepare grill for direct cooking over medium heat (350 to 450 F). Grill the steak over direct medium heat, with the lid closed, until cooked to your desired doneness, 8 to 10 minutes for medium rare, turning once or twice. Remove from the grill and let rest for 3 to 5 minutes. Cut the steak across the grain into thin slices. Serve immediately with the onions and their sauce. Garnish with thyme, if using. NEWS CANADA/2013 WEBER-STEPHEN PRODUCTS LLC. RECIPE FROM WEBER'S NEW REAL GRILLING BY JAMIE PURVIANCE. USED WITH PERMISSION.

This Thyme-Rubbed Flank Steak with Balsamic Pearl Onions serves four. NEWS CANADA

Ingredients

- 3/4 cup water
- 1/2 cup balsamic vinegar
- 2 tbsp honey
- 11/2 tsp tomato paste
- 1 large bay leaf
- 1 package (14 oz) frozen pearl onions, thawed
- 3 1/2 tsp finely chopped fresh thyme leaves, divided
- 2 tsp kosher salt, divided
- 1 tsp freshly ground black pepper, divided
- 1 flank steak, about 1 1/2 lbs and 3/4 inch thick
- 1 tbsp extra-virgin olive oil
- fresh thyme sprigs (optional)

Starter. Prosciutto-Wrapped Pineapple

1. Prepare grill for direct cooking over high heat (450 to 550 F).

2. In blender combine paste ingredients. Process until a chunky paste forms, scraping down the sides of the bowl at least once.

3. Coat each pineapple spear with about 1 teaspoon of the paste, and then wrap each spear with two prosciutto slices. Grill the spears over direct high heat, with the lid closed, until the prosciutto is crisp on all sides, 8 to 10 minutes, turning occasionally. Serve. NEWS CANADA/ 2013 WEBER-STEPHEN PRODUCTS LLC. RECIPE FROM WEBER'S NEW REAL GRILLING BY JAMIE PURVIANCE. USED WITH PERMISSION.

Ingredients

Paste

- 1/4 cup thinly sliced scallions (white and light green parts)
- 1 jalapeño chili pepper, roughly chopped
- 1 tbsp peanut oil
- 1 tbsp peeled, minced fresh ginger
- 1 tbsp packed dark brown sugar
- 1/2 each tsp dried thyme, ground allspice, ground cinnamon, kosher salt
- 1 large pineapple, peeled, cored, and cut into 16 spears, each about 1 by 5 inches
- 32 thin slices prosciutto, about 1 lb total

NHL playoffs

Pens coach gives Vokoun Game 5 green light

Pittsburgh Penguins coach Dan Bylsma insists he still believes in Marc-Andre Fleury, and that the issues for the reeling Penguins go far beyond the struggles of their Stanley-Cup-winning goaltender.

Still, that didn't stop Bylsma from making a switch he hopes will shift momentum in Pittsburgh's highly entertaining but slightly bewildering first-round playoff series with the New York Islanders.

Tomas Vokoun will get the start in net for the Penguins in Game 5 on Thursday, a move necessitated by three straight shaky performances by Fleury and Vokoun's eye-popping numbers against the Islanders this season.

THE ASSOCIATED PRESS

NBA playoffs

Heat beat up Bulls to draw even

Ray Allen scored 21 points, LeBron James had 19 and the Miami Heat embarrassed the Chicago Bulls with a 115-78 victory in Game 2 of the teams' Eastern Conference semi-final series on Wednesday night.

The Bulls had six technical fouls, and Joakim Noah and Taj Gibson were ejected late as Miami's lead reached as much as 46 points. The Heat knotted the series at 1-1, with Game 3 in Chicago on Friday night.

Norris Cole scored 18, Dwyane Wade had 15 and Chris Bosh scored 13 for Miami.

THE ASSOCIATED PRESS

Pats GM Chad Lang addresses media on Wednesday after announcing the resignation of head coach Pat Conacher. JEFF MACKEY/METRO

Changing of guard behind Pats bench

WHL. Conacher hands over top job to assistant coach Cameron

JEFF MACKEY
jeff.mackey@metronews.ca

After two seasons with the Pats, head coach Pat Conacher will be leaving the team with assistant coach Malcolm Cameron set to take over his responsibilities.

"After much discussion and deliberation with family, on Friday, April 26, I delivered to (Pats GM) Chad Lang my letter of resignation to step down as the head coach of the Regina Pats," Conacher said after the announcement Wednesday.

Conacher still had one season left on his three-year contract.

"Two years ago when we hired him we knew we were getting a high quality coach," said Lang. "I think even last year when he returned some people were surprised because with his credentials he would probably get other opportunities."

Cameron will be taking the reins of the Pats who finished last season 25-38-9.

New Pats head coach Malcolm Cameron REGINA PATS/CONTRIBUTED

"We ran into some pretty tough luck with injuries to our older players," said Cameron. "We were a little bit behind the eight ball because of that, however, all the extra minutes our younger players got because of that translates into some good experience."

Cameron has spent the last two years as the assistant coach of the Pats. Before that he spent nine seasons as a head coach in the East Coast Hockey League.

Cameron says there is a real difference between coaching at the professional level and coaching juniors.

"With junior hockey it is so invigorating just to come into the rink everyday because the kids just want to learn," said Cameron. "I have always fancied myself as a teacher and when I got into junior hockey I really saw the impact that you can make as a coach."

Canucks' Stanley Cup window closing

Sharks centre Patrick Marleau scores the game-winning goal past Canucks goalie Cory Schneider during Game 4 of their first-round playoff series in San Jose, Calif., Tuesday. MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS

Vancouver Canucks management went into silence mode Wednesday in the aftermath of the club's first-round playoff exit at the hands of the San Jose Sharks.

But major changes loom after the Canucks, who came within a game of winning the Stanley Cup in 2010-11, bowed out early for the second consecutive spring.

The Canucks announced early in the afternoon they will hold a media availability Thursday. In the morning, the team's recorded phone message said it could be "a few days" before one was held in wake of Tuesday's 3-2 overtime loss in San Jose, which gave the Sharks a 4-0 sweep of their best-of-seven series Western Conference quarter-final series.

Time to retool?

"It's frustrating.... This seems like a lost year."

Canucks goalie Cory Schneider

Management is trying to figure out what went wrong in the playoffs for a team that viewed itself as a strong Stanley Cup contender but fell well short of its target.

General manager Mike Gillis decided not to make any major moves following last year's five-game loss to the Los Angeles Kings. Gillis thought the club was close to returning to the Stanley Cup final, but the humiliating sweep by the Sharks likely means that bold moves are inevitable. THE CANADIAN PRESS

4 SPORTS

Happ feeling effects of having bell rung

MLB. Jays place pitcher on 15-day DL after getting hit in the head with a comebacker

Blue Jays pitcher J.A. Happ is carted off the field on a stretcher on Tuesday in St. Petersburg, Fla. MIKE CARLSON/THE ASSOCIATED PRESS

J.A. Happ says he experienced an "immediate, loud ringing" in his ear when he was hit in the head by a line drive Tuesday night.

The Toronto Blue Jays lefthander was released from hospital earlier Wednesday after being hit on the left side of his head by a ball off the bat of Desmond Jennings during Tuesday's game against the Tampa Bay Rays.

Speaking to reporters at Tropicana Field, Happ says he remembers releasing the ball but not seeing it coming back at him.

In addition to the ringing in his ears, Happ says he also felt intense pressure.

Happ sustained a head bruise and cut to his the left ear.

He says he moved out of the way slightly, which likely prevented a more serious injury.

"I got some stitches and there's a fracture in my skull ... behind my ear," he said. "But it's not serious or threatening."

Happ said he also tweaked his knee when he fell. Doctors will see him Wednesday night to determine the severity of that injury.

He was placed on the 15-day disabled list rather than the seven-day concussion DL.

The frightening incident left players on both teams shaken and revived questions about whether Major League Baseball is doing enough to protect pitchers, who often find themselves in harm's way on the mound.

The pitcher raised his glove in front of his face as quickly as he could, a futile attempt to shield himself from the batted ball headed straight for his temple.

It was too late. Thwack!

The sound of a baseball striking his skull was heard all the way up in the press box.

And then, silence.

Happ, hit squarely in the second inning during Toronto's 6-4 victory, was immobilized on a backboard, lifted onto a stretcher and wheeled off the field.

THE ASSOCIATED PRESS

MLB

Doc given good news, bad news

For Roy Halladay, arthroscopic surgery on his troublesome throwing shoulder became the best-case scenario when he had prepared himself for the worst — a career-ending injury that would force his retirement when he's far from ready.

Halladay will undergo a procedure in his right shoulder to repair a partially torn rotator cuff and remove a bone spur. He also has some fraying of the labrum.

"I think we did all the right things," Halladay said. "Now I feel I have something to grasp onto, something to move forward with. I don't feel as lost as before. I feel like there's some answers."

On the 15-day disabled list since Monday because of inflammation in his throwing shoulder, Halladay said he expects to have surgery next week to give himself the best chance of returning this season.

THE ASSOCIATED PRESS

Soccer

Ferguson to retire at season's end

During more than a quarter of a century in charge of Manchester United, Alex Ferguson has always found the way to win — and win again.

Scrappy, abrasive and always up for a fight, Ferguson turned the club into a global power and established himself as the most successful manager in British football history.

And now, the 71-year-old Scotsman is going out on a high. On his own terms.

With his 13th Premier League title already secured, Ferguson announced Wednesday that he is retiring at the end of the season.

"The decision to retire is one that I have thought a great deal about and one that I have not taken lightly," the Scotsman said. "It is the right time."

Ferguson's trophy collection also includes two Champions League titles, five FA Cups and four League Cups.

THE ASSOCIATED PRESS

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
The only obstacles you will face today are ones you create for yourself — so don't create any. Whatever you are doing, just take your time. What's the rush? Slow down and smell the flowers along the way.

♉ Taurus
April 21 - May 21
You know what you want, you know how to get it and no force on Earth is going to stop you. With that kind of determination you are sure to accomplish some remarkable things over the next few days.

♊ Gemini
May 22 - June 21
Why can't you just accept that people are different and see things in different ways? The message of the stars today is that your time and energy are precious — don't waste them.

♋ Cancer
June 22 - July 23
Someone seems to believe that you are weak and that you would rather give in than fight for your rights. It is essential that you set the record straight. Stand up to their bullying ways.

♌ Leo
July 24 - Aug. 23
There could be an emotional scene today, but you cannot allow your feelings to overpower common sense. Someone has got to think logically and it looks like that someone is you.

♍ Virgo
Aug. 24 - Sept. 23
You can spend your life worrying about things that may never happen. Or you can push your doubts to one side and devote your time and energy to having a good time.

♎ Libra
Sept. 24 - Oct. 23
Cosmic activity in the wealth area of your chart means you would be wise to resist any urge to spend money for the sake of it. Aim to end the week with more cash in your pocket than when you started.

♏ Scorpio
Oct. 24 - Nov. 22
Tomorrow's eclipse in Taurus, your opposite sign, marks the halfway point of your solar year. It's a good time to look back at the past six months. What have you accomplished? Where can you improve?

♐ Sagittarius
Nov. 23 - Dec. 21
You need to face facts, both in your personal life and at work. Something you once had high hopes for is not working out the way you intended and you must change it or forget it.

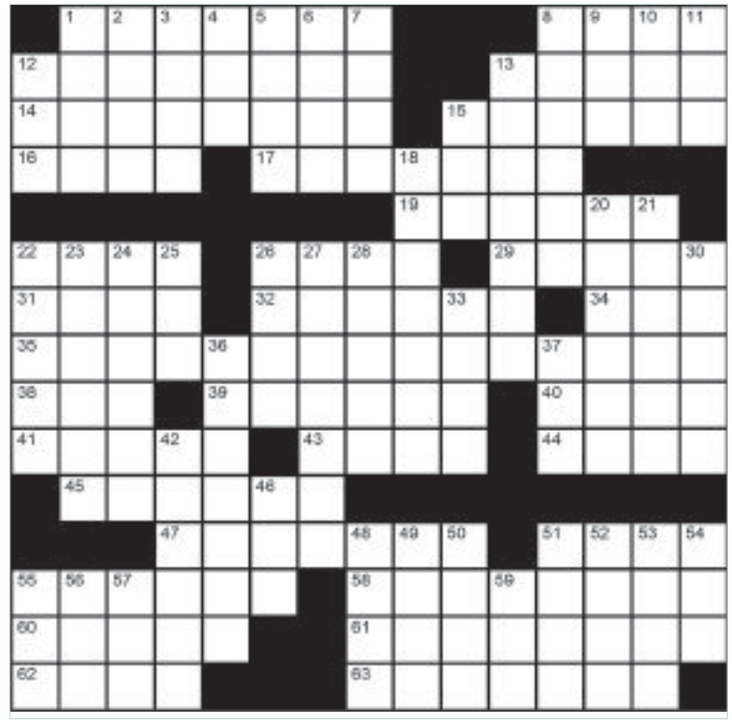
♑ Capricorn
Dec. 22 - Jan. 20
You may not want to push yourself to the front but from the look of your solar chart, you have little choice in the matter. Someone needs to take the lead and few people are more qualified than you.

♒ Aquarius
Jan. 21 - Feb. 19
Someone is stirring up trouble just to see how you will react. You can resist the urge to rise to the bait or you can pretend to be really annoyed and give them hell. It could be lively.

♓ Pisces
Feb. 20 - March 20
Every now and then the pressure builds up to such an extent that you need to find ways to let off steam. The trick is to do so in constructive ways. SALLY BROMPTON

Crossword: Canada Across and Down

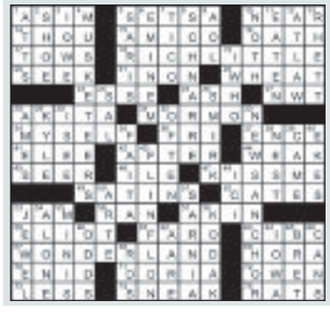
BY KELLY ANN BUCHANAN



Across
1. May 9th to 12th, 1885: Battle of __ (North-West Rebellion conflict, fought in Saskatchewan)
8. Shipshape
12. Retro photo
13. Scorch
14. Anne Murray hit
15. 1985 Ron Howard directed flick
16. 'Clement' completers (Juicy fruits)
17. Stephen __ (Canadian author of Sunshine Sketches of a Little Town)
19. TV weatherman Al's surnamesakes
22. Hertz rival
26. "Old man look __ __ life..." - Neil Young
29. Make really happy
31. __ __ put into other words...
32. Scram: 2 wds.
34. Fido's doc
35. Yuk Yuk's performer: 2 wds.
38. Seafood, to some
39. Season the fries again
40. Wing ___ prayer
41. "Survivor" team
43. Cartoon fight sound effects
44. Actress Susan, and others
45. Deli selection
47. Imitate
51. Single-named supermodel
55. Attired, Caesar-style
58. Los Angeles, colloquially: 3 wds.
60. Swashbuckler's prop
61. Andrea Martin character, Edith __
62. Gambit
63. Chosen, in sports: 3 wds.

Down
1. German city
2. Hand cream ingredient
3. Some marbles
4. Globe
5. Spiral shape
6. "Spenser: For __" ('80s series)
7. Norse epic
8. Sudbury stuff
9. Antacid brand
10. "It's ___." (Greenlight giver's comment)
11. Perfect rating, spelled-out
12. Series Dan Aykroyd hosted, "__ Factor: Chronicles of the Paranormal"
13. __ salmon
15. Pigeon's patter
18. Farley Mowat book, Never __ __
20. Valley
21. Unwavering
22. Plus
23. Politician pickers
24. Roma's realm
25. "__ of the Mask"
26. Flu symptom
27. Gardener's purchase
28. Robert Mitchum/Jane Russell movie of 1952
30. Belonging to Sicily's volcano
33. Li'l quantities
36. Imagined
37. Common sitcom role
42. __-eyed
46. Spa mask ingredient
48. Purina rival
49. Mountain lake
50. Charles Lamb's pen name
51. Ms. Sommer
52. __ fide (In bad faith)
53. Memory: Prefix
54. 'Com' completer (Funny flick)
55. Tea party utens.
56. Bird of Minerva
57. Doubled word with Dolls (Rock band)
59. Play part

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

			8		4			
	6						1	
2	3	5				6	4	8
		7	9		6	8		
1								5
		6	4		5	1		
7	8	4				2	3	1
	5						9	
			7		2			

Yesterday's Sudoku

3	6	2	7	5	8	9	1	4
4	9	8	3	2	1	5	6	7
1	5	7	4	9	6	3	8	2
7	8	3	6	1	9	2	4	5
6	2	4	5	8	7	1	9	3
9	1	5	2	3	4	6	7	8
2	7	9	8	6	3	4	5	1
5	4	6	1	7	2	8	3	9
8	3	1	9	4	5	7	2	6

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17°/2°
Sunny
Friday
13°/-2°
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